

Wilde Lake Community Association
Health and Wellness Committee presents:

Plant-Based Eating Workshop



Wednesday, March 4, 2020 at 6:30pm
Slayton House, 10400 Cross Fox Lane, Columbia, MD 21044

FREE Workshop to learn about the benefits of a plant-based diet. Come and join us to discover the many benefits of plant-based eating for your health and the environment. You will learn tips to eating plant-based on a budget and on the go. Presentation provided by Clare Madrigal, RN; Plant-Based Nutrition Certified.

Advanced registration is encouraged: Go to [Eventbrite.com](https://www.eventbrite.com) and type **Wilde Lake Health & Wellness Plant Based Diet Presentation**.
Questions? Contact Laura Torres at lmt4941@yahoo.com.

COUNTDOWN TO ELECTIONS

March 11 at 9pm: Deadline to submit nomination petition (available online or at Slayton House)

April 2: Candidates' Night*

April 24, 5pm: Deadline for absentee ballots

April 25: Election Day! 9am –2pm*

** If there are five or less candidates for the Village Board AND one candidate for the Columbia Council, there will be a candidates' reception on April 6 and no election will be held on April 25.*



Columbia Clean Up Day - March 21, 2020, 9:30am Running Brook Neighborhood Center

Our next volunteer neighborhood clean up day will take place on March 21 at the Running Brook Neighborhood Center. We will provide gloves, trash bags, safety vests and pickers but need your help to do the work. Families encouraged to volunteer together. Please email besswlvb@gmail.com if you are able to attend the clean up.

up.



Conversation with the Candidates

Come meet and chat with the Howard County District 4 Board of Education candidates on **Monday, March 30 from 7-9 pm** at The Hawthorn Center. The informal, small group format for this event will allow residents to meet each candidate and ask questions. Advance registration is required as space is limited. Click [here](#) to register online or call the Hickory Ridge village office at 410-730-7327. Sponsored by Harper's Choice, Hickory Ridge, Town Center and Wilde Lake Community Associations.



Searching for Spring Egg Hunt

at the Columbia Sports Park
Harpers Choice Village Center
5453 Harpers Farm Road
Saturday, March 28, 2020
10:00am – 11:30 am

(No admittance permitted after 10:45 am)

10:00 am Crafts

10:45 am Egg Hunt (while supplies last/bring your own basket)

11:00 am Entertainment with Daisy the Clown

For Children Ages 2-8 Advance Ticket required for this FREE event.

Tickets are for Columbia residents only.

Tickets for Wilde Lake Residents available at [BrownPaperTickets.com](https://www.brownpapertickets.com)

In case of inclement weather, contact Wilde Lake Community Association at 410-730-3987 or visit [WildeLake.org](https://www.WildeLake.org).

Aging In Place Tax Credit Application Now Available For Residents

The Aging-In-Place Tax Credit for residents will be accepting applications now through May 1st, 2020. The tax credit is designed to assist older adults to "age in place" by providing a 20 percent credit on up to \$500,000 of assessed property value.

Residents are eligible for the Aging-In-Place Tax Credit if they are 65 years of age and:

- has lived in the same dwelling for at least the preceding 40 years OR
- is a retired member of the Armed Forces of the United States (Army, Navy, Air Force, Marines, or Coast Guard) with 20 years of active service OR
- is a surviving spouse of a retired member of the Armed Forces of the United States, with 20 years of active service, and is not remarried.

Applications are accepted through May 1st, but residents are encouraged to apply as early as possible, since applications are accepted on a rolling basis. In previous years there were multiple deadlines for renewing and new customers, but by moving the deadline to May 1st, all residents will have the same time to apply this year and gather all supporting materials. Residents can apply online [here](#)



SLAYTON HOUSE THEATRE
CAMP OF THE ARTS
Where friendships begin and confidence emerges.
Join us for a summer of dancing, singing, acting, and pizza parties!
9 AM- 3:30 PM
Aftercare available
For campers in grades 1-8
Rising Stars Session I Rising Stars Session II
July 20-31 August 3-14
For more information
Call 410-730-3987
Email camp@wildelake.org
Visit CampoftheArts.com

hulafrög's Most Loved award winner 2020

Theatre Lighting and Sound Techs Needed

Slayton House Theatre is creating a list of theatre technicians to assist our clients with their lighting and sound needs. If you have theatre lighting and/or sound experience and would like to be included on our list, please send your contact information as well as a brief description of your theatre tech experience to Kristin Shulder, Village Manager at wica@wildelake.org and Lisa Juranic, Facility Manager at rentals@wildelake.org.



We're Living Life Larger at CA's Open House!

Open to the public — you do not need to be a member to enjoy all of our special activities!

Saturday, March 14, 8am-5pm

Various CA facilities. Free admission (some activities may require a fee to participate).

From fitness classes to ice skating, from golf to skateboarding, from batting cages to a kids dance party, you're invited to see all

the ways you can live life larger with everything CA offers!

CA members are invited to bring as many guests as you want for free. Plus if any of your friends join during the open house, you'll both get a free month! New member specials for both CA and Haven on the Lake will also be featured.

Highlights of the day include:

- Free fitness classes including aqua yoga, BodyFlow, CACycle, TRX Mbody challenge and more
- Free mini-golf, adult dodgeball, pickleball open play and free batting cages
- World of Dance U-Jam House Party Dance Fitness event
- My Music Hip Hop vs. Dance CA Cycle Battle
- Golf, ice skating, glow roller skating party, SplashDown, Kids' Karaoke party and more

For more information, including the full schedule of activities and special offers, visit ColumbiaAssociation.org/openhouse or email Marketing@ColumbiaAssociation.org.



COVID (Corona Virus)-19 Prevention and Treatment Tips

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Follow CDC's recommendations for using a facemask.
 - CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including COVID-19.
 - Facemasks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others. The use of facemasks is also crucial for health workers and people who are taking care of someone in

- close settings (at home or in a health care facility).
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
 - If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.

For more information on the corona virus go to <https://www.cdc.gov/>

RAINBOW THEATRE PRESENTS SCIENCE SPECTACULAR



Science Spectacular is a show that focuses on the weather, and experiments will focus on air and matter. See things like vortex fog rings, bubbling potions, and clouds on the ground.

All of our shows are interactive and help young audience members learn to love the theatre experience. So sing, dance and have fun with Rainbow Theatre at Slayton House!

Friday, March 13, 10 AM

\$5.00 per person

Tickets available at BrownPaperTickets.com and at the door (cash only).

For more information call 410/730-3987 or visit www.WildeLake.org

Sponsored by Wilde Lake Community Association

Mark Your Calendars!

- **Camp of the Arts Registration has begun!** www.campofthearts.com
- **March 2 & 16:** WLVB meeting, 6:30pm [Click here for agenda](#)
- **March 4:** Plant-Based Eating Workshop, 6:30pm at Slayton House eventbrite.com
- **March 5, 6, 7:** WLHS presents Guys & Dolls, Rouse Theatre, 7pm [click here for tickets](#)
- **March 10 & 24:** RAC meeting, 7:00pm ([Click here for agenda](#))
- **March 11,** 9pm: Deadline to submit a nomination petition for the Village Board and Columbia Council Rep
- **March 12 & 26:** CA Board Meeting/Work Session 7pm [click here for agenda](#)
- **March 13:** Rainbow Theatre presents Science Spectacular, 10am brownpapertickets.com
- **March 21:** Columbia Cleans Day- Meet at Running Brook Neighborhood Center, 9:30am
- **March 28:** Searching for Spring: Tickets: BrownPaperTickets.com
- **March 30:** Conversation with the Candidates, The Hawthorne Center, 7pm-9pm