

"It All Began Here!" - Wilde Lake e-News January 3, 2020



Attention Running Brook Elementary School Alumni!
Were you a Purple Panther? Did you or a family member attend RUNNING BROOK ELEMENTARY SCHOOL in the past 50 years?

The RBES 50th Anniversary Committee is working on "Where Are They Now?" Video Project to be shown to current and future students as a College and Career lesson.

We are working on creating a video to show to our current and future students to inspire them to set goals for their future and

strengthen their connection and pride in their community.

The RBES 50th birthday Committee wants a video of you sharing what you are doing now!

Please send videos to Deborah_finkelstein@hcpss.org or share via Google Drive.

Please include your contact information. Please submit videos by **January**

31st. If anyone has any questions, please email Debbie Pauletta at deborah_finkelstein@hcpss.org or call 410-313-6893.

LWVHC ANNUAL LEGISLATIVE BRUNCH



The League of Women Voters of Howard County (LWVHC) Annual Legislative Brunch will take place Saturday, January 11, 2020 from 10:00AM-12 noon at St. John's Episcopal Church, 9120 Frederick Road, Ellicott City Maryland. Please plan to join us

as we hear from members of the Howard County Delegation and focus on LWVHC legislative priorities for 2020. Contact the LWVHC office to make a reservation at 410-730-0142 or info@howard.lwvmd.org.

The brunch is a bargain at \$10, or bring a dish serving eight people and get in for free. The League of Women Voters, a nonpartisan organization, encourages informed and active participation in government, works to increase understanding of major public policy issues, and influences public policy through education and advocacy.

Memberships are welcomed – contact us or visit our website at lwvhowardmd.org. For more information contact 410-730-0142 or info@howard.lwvmd.org.



Village Elections 2020

Village Elections will be held on April 25, 2020. There are five seats on the Village Board and one seat for the Wilde Lake representative to the Columbia Council.

The nomination period opens on February 18, 2020. Interested residents can obtain a candidates' packet at Slayton House or on the website. The packet includes a petition to run for the Village Board or Columbia Council, which must be signed by neighbors and returned by March 11 at 9pm. More information will be available soon on our website. If you have any questions about the election process, please contact Kristin Shulder, Village Manager at wca@wildelake.org or Carole Black, Program Administrator at gallery@wildelake.org.

Health and Wellness Tip to Start the New Year!

Happy New Year! As we are thinking about resolutions for 2020, keep the below tips in mind to ensure you are successful at accomplishing your goals and avoiding a New Year's Disillusion:

Let's Break. It. Down:

1. Write down the goal you'd like to set as a resolution.
2. Write three steps, in order, that you can take to achieve this goal.
3. Choose two things/strategies you can do to achieve step one of the three steps you've just written down. Write them down.
4. Highlight one of the last two things/strategies from above that you are most likely to do.
5. The highlighted item is your goal. This begins your roadmap.

Start small! Don't fall into the same pattern of doing too much, too soon, with too little preparation. Make another roadmap if you need. Be gentle. Give yourself space and time. Learn from detours. **Build on your successes.** You're gonna rock this out, but only if you give yourself a chance to be successful in the first place.

Good things take time. You've got this!

This information is provided by the Wilde Lake Health and Wellness Committee. For more information contact Laura Torres at lmt4941@yahoo.com

Looking for Something Fun to do in 2020?

Take a class at Slayton House!

*After Work Yoga with Linda Stevens: Mondays, 5:15pm

*FIT4BABY with FIT4MOM Howard County: Various Days/Times

*BodyBack with FIT4MOM Howard County: Various Days/Times

*Belly Dancing with Farida: Wednesdays, 6:30pm

*Deve's Christian School of Performing Arts
with Natalie & Kristy Williams: Saturdays

*For more information, visit www.wildelake.org and click on "Classes"
under the Events tab.

Reiki Workshop



Wednesday, January 22, 2020, 6:45pm
at Slayton House

Free Workshop to learn about Reiki from
Kelly Neylan of Lasting Light Wellness
Advanced Registration encouraged. Go to [Eventbrite.com](https://www.eventbrite.com),
Wilde Lake Health & Wellness Presentation
Questions? Contact Laura Torres at lm4941@yahoo.com



Game Night at Bryant Woods Elementary School

The Bryant Woods Elementary School PTA will be hosting Game Night for BWES families on January 17th from 7:00 - 8:30 at Bryant Woods Elementary and we are in need of individuals to be "Game Masters". (All games will be [Gamewright Games](#).) As a Game Master, you will learn the rules to 1 or 2 games from 5:30 - 6:45 on the night of the event. Then, during the 7:00 - 8:30 time that families will attend, it will be your responsibility to teach families the rules of the game you learned. If you are high school age or older and interested in volunteering, [click here](#). If you have any questions, please contact Jennifer McNulty at bwespta.fundraising@gmail.com.

Slayton House Theatre Camp of the Arts

A Musical Theatre Camp. Where friendships begin and confidence emerges.

Registration Underway

Rising Stars Session I

July 20-July 31

For campers in Grades 1-8

For more information visit

CampoftheArts.com



Mark Your Calendars!

- **January 2: Camp of the Arts Registration has begun!**
- **January 6:** WLVB meeting, 6:30pm [Click here for agenda](#)
- **January 9 & 23:** CA Board Meeting/Work Session 7pm [click here for agenda](#)
- **January 11:** LWVHC Legislative Brunch, 10am
- **January 14 & 28:** RAC meeting, 7:00pm ([Click here for agenda](#))
- **January 16 - March 14:** Art Exhibit: Clarence Carvell
- **January 17:** Game Night at BWES 7pm
- **January 18:** Jazz at the Lake at Rouse Theatre, 7pm
- **January 20:** Slayton House closed in observance of Martin Luther King, Jr. Day
- **January 22:** Reiki Workshop at Slayton House, 6:45pm
- **January 26:** Art Reception, 3-5pm