



WILDE LAKE
COMMUNITY ASSOCIATION

Old-Fashioned Family Picnic
September 14, 2019 11 AM-3 PM
Wilde Lake Park
(Hyla Brook Road-near the boathouse)

Event Schedule

Food Trucks/Vendors (11 am-3 pm)	Free Activities (11 am-3 pm)
Mike's Gelato	Magic by Drew Blue Shoes
Two Bold Chefs & a Mediterranean Truck	Children's Crafts
Two Bold Chefs & a Burger Plus + Smoothie King (free samples)	Coloring Pages for Adults & Kids
Starbucks (free sample)	Corn Hole
WLHS PTSA Bake Sale	Face Painting (for ages 16 & under)
Entertainment	Moon Bounce
Wilde Lake High School Marching Band (11:15 am)	Columbia Association Zumba Demonstration (11:45 am)
Unity Reggae Band & WLHS Guitar Band (noon-3 pm)	Columbia Association Open Space Sustainability Talk (12:00 pm)
	Watermelon Eating Contest (1:15 pm)



Health Benefits of Pets

Whether you own your own pet, or have the opportunity to interact with one through a friend, neighbor, family member or volunteering at a shelter; pets offer many health benefits

- Reduce stress -simply petting a dog or cat lowers the stress hormone cortisol, while the social interaction between people and their pets increases the feel-good hormone oxytocin
- The cortisol-lowering and oxytocin-boosting benefits of petting also help keep your blood pressure at bay
- Dog owners have to walk their pet regardless of weather or how tired they are, thus providing them with an excuse-proof daily dose of exercise.

Pets provide a sense of purpose and greater social support, mitigating loneliness and depression.

This information is provided by the WLCA Health and Wellness Committee. For more information, contact Laura Torres at lmt4941@yahoo.com

Fall Native Plant Only Exchange at Wilde Lake

Saturday, September 21, 10am -11am, Wilde Lake Village Green (outside Slayton House).

Fall is a great time to separate and move native plants that have grown crowded in your garden beds.

To participate in the Exchange you must donate a plant. Drop off plants, which must be labelled, 9am-9:45am on September 21. The Exchange will open promptly at 10am and will stay open until all plants are gone or 11am (whichever comes first).

This event is sponsored by the Wilde Lake CARES Committee. Questions? Contact Bess Caplan at besswlvb@gmail.com.

Fun and Interactive Children's Performance! Cantare Latin American Music

<https://cantaremusic.com/>

**RAINBOW THEATRE PRESENTS
CANTARE**

Friday, September 20
10 AM

\$5.00 per person
Tickets Available at the door
(Cash Only)

For more information visit
www.WildeLake.org



Sponsored by Wilde Lake Community Association

Wilde Lake

Village Wide Yard Sale



Saturday, September 21, 9am—1pm
(Raindate: Sunday, September 22)

Slayton House will supply orange ribbons to tie on your street sign. We will also include your street in our ad in the Columbia Flier, on our website, on our facebook page and in our e-newsletter.

(Deadline to list your street in our ad in the Columbia Flier is September 13).

NOTE: YOU MUST LIVE IN WILDE LAKE TO PARTICIPATE!
Call 410-730-3987 or email gallery@wildelake.org



Columbia Association's New Website is Live!

[Click here](#) to see the simplified homepage, improved registration process and comprehensive Events calendar.



SEPTEMBER 28, 2019 • COLUMBIA, MARYLAND

Save the date: September 28, 2019

Join the 19th annual Columbia Archives BikeAbout — a free, fun and informative tour spotlighting Columbia's history and the connectivity of its pathway system. This year's theme — Village Voyage — will enable participants to learn and enjoy the pathways within the village of Long Reach and discover historically exciting aspects of the Columbia story. For more information, please call 410-715-6781 or email Columbia Archives

Mark Your Calendars!

- **August 27:** RAC meeting, 7:00pm ([Click here for agenda](#))
- **September 2:** Slayton House closed in observance of Labor Day
- **September 5 - October 12:** Art Exhibit by Peter Stern and Janet Little Jeffers
- **September 9:** WLVB meeting, 6:30pm [Click here for agenda](#) Complete Streets Presentation
- **September 12 & 26:** CA Board worksession/meeting [click here for agenda](#)
- **September 14:** Wilde Lake Community Association Old-Fashioned Family Picnic, 11am-3pm
- **September 15:** Art Reception: Peter Stern and Janet Little Jeffers, 3-5pm
- **September 19:** CA Wilde Lake Nature Walk (meet at Wilde Lake boathouse), 10am
- **September 20:** Children's Performance by Cantare, 10am [click here](#)
- **September 21:** Wilde Lake Village Wide Yard Sale, 9am-1pm
- **September 21:** Fall Native Plant Exchange at Slayton House
- **September 28:** Columbia Archives BikeAbout, 9am